

Seneca Learning: A Parent's Guide to Supporting GCSE Revision

Helping Your Child Succeed with Seneca Learning

1. Access Seneca Easily

Your child's Seneca account has already been created. They can log in to Seneca via the Yateley School Intranet:



<https://yateleyschool.sharepoint.com/sites/Intranet>

Encourage your child to use Seneca regularly as part of their revision routine!

2. Ensure the Right Exam Board

To make the most of Seneca, your child must be revising the correct exam board content. Check the official exam board lists for 2025 here:

<https://www.yateleyschool.net/exam-dates/>



Go to Seneca and always select the appropriate course based on their subjects (e.g. AQA / OCR / Edexcel).

3. Use Seneca 'Little and Often'

1. Short, frequent study sessions are proven to be more effective than long cramming sessions.
2. Encourage your child to spend 10-15 minutes per topic and revisit key areas regularly.
3. Seneca's adaptive learning ensures students focus on areas where they need the most improvement.



4. Set Up a Parent Account

Stay involved in your child's progress by setting up a Seneca Parent Account.

Follow these instructions to sign up:

<https://help.senecalearning.com/en/articles/3661316-how-to-sign-up-to-seneca-as-a-parent>



With a parent account, you can track their progress and offer encouragement.

5. Create a Positive Study Habit

Encourage a distraction-free study space.

HINT 1: Have you ever sat where you are expecting your child to revise? What can be improved? How comfortable are they? Is there space to lay out notes? Can siblings distract them? Are their screen(s) visible? Where is that cheeky mobile phone and is it pinging away?

HINT 2: Music. Students love to revise to music, but did you know...

- **Distraction & Cognitive Overload** – Music, especially with lyrics, competes for brain processing power, making it harder to focus on reading, writing, and problem-solving tasks.
- **Reduced Retention & Comprehension** – Background music can interfere with working memory, leading to poorer recall and understanding of complex material.

And finally...

As a parent/carer we would love for you to praise effort and not results. This is scientifically proven (link below) to lead to better outcomes.



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